



October 20, 2023

To see our current online calendar, please click on the link below:

[October 2023 Calendar](#)

FALL WORSHIP SCHEDULE

SATURDAYS

4:00 PM Sweet Hour of Prayer in the Chapel

5:00 PM Social Hour in Fellowship Hall

SUNDAYS

10:00 AM Spirited Traditional in the Sanctuary

11:00 AM Coffee Hour in Fellowship Hall



LAUNCH TEAM NEEDED

We will launch our new 8:30 AM service on **Sunday, November 5**. We hope some of you will help us get this service off to a great start by:

- Volunteering to greet and serve as worship hosts
- Committing yourself to attending once a month or more to be sure we have critical mass as we begin
- Helping set up hospitality before the service (coffee and refreshments will be available DURING the service)

If you are willing to do any of these things, please let Pastor Deborah know as

soon as possible. It is just around the corner!



SATURDAY, October 21

PAUL'S SPAGHETTI DINNER



Please join us on **Saturday, October 21** after Saturday Service for spaghetti and birthday cake in celebration of Paul C's Birthday.

SUNDAY, October 22

SUNDAY CONNECTIONS

Meets Sundays at 8:45 AM in Fellowship Hall Meeting Room

October 22 & 29: The 10 Commandments

November 2023: A study on the book titled *Defying Gravity*
(Breaking free from the culture of more)



PRAYER MINISTERS

If you would like personal prayer after the service, the prayer ministers will be at the front on either side of the Sanctuary to pray with you. The Prayer Room will be open for you if you want a personal, private time to pray alone.

MONDAY, October 23

MONDAY SANDWICH MAKERS



8:00 AM

The sandwich makers will meet on **Monday, October 23 at 8:00 AM** in Fellowship Hall. The group is in need of grape jelly and creamy peanut butter (**PLEASE —NO ORGANIC**). The sandwiches are taken to the Justa Center, a day center for homeless seniors. If you are interested in making sandwiches, please contact Mary G.

THANK YOU to all our wonderful sandwich makers!



LIFE-CHANGING BIBLE STUDY

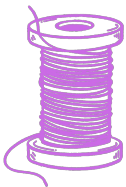
The group meets on **Monday afternoons at 3 PM via Zoom**. Call Kathy C. if you have any questions. The Zoom link will be sent to your email inbox on Monday morning.

TUESDAY, October 24

STRENGTH TRAINING EXERCISE CLASS

Join us
**Tuesdays & Thursdays
from 9:45 to 10:30 AM
in Fellowship Hall**

Everyone is welcome!
Low impact — sit or stand exercise



SEW HAPPY CIRCLE will meet on **Tuesday, October 24 at 1:00 PM** in the Fellowship Hall Meeting Room. Contact Marian H. if you have questions. If you love to sew, we would love to have you.

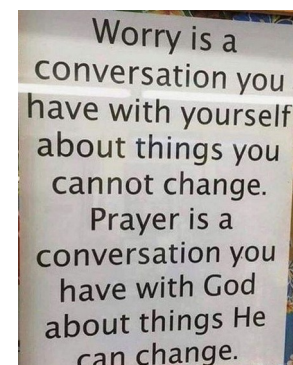
WEDNESDAY, October 25

PRAYER VIGIL

The Bible says "Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus." Philipians 4:6-7

Come and join us on **Wednesday, October 25, 2023**. Come, and be part of this event that will spiritually equip you in your personal journey of faith. We are praying for our church, asking God to grant us the ability to move confidently in the direction of God's purpose for our congregation.

You are not required to stay all day. We ask that you sign-up for a 30 minute time slot from 7:00 AM - 3:00 PM. Every 30 minutes we will read a selected scripture and psalm,



allow for a collective prayer and of course, invite you to offer your personal and private prayers.



MEN'S PRAYER GROUP

The SHUMC Men's Prayer Group meets **Wednesday mornings at 7:00 AM** in the Prayer Room. Call Cal L. if you have any questions.



Grief Support Group

WEDNESDAYS at 10:00 a.m.

Location: **Prayer Room**

Facilitated by Rev. Ron Friesen

For More Information Call Church Office 623-584-2280

Miriam Circle will meet on
Wednesday, October 25 at 1:00 PM in the Fellowship Hall. All women are welcome. If you have any questions, please contact Peggy P. We look forward to seeing you.



United
Women
in Faith

THURSDAY, October 26



STRENGTH TRAINING EXERCISE CLASS

Join us
Tuesdays & Thursdays
from 9:45 to 10:30 AM
in Fellowship Hall

Everyone is welcome!
Low impact — sit or stand exercise



CHESS CLUB

Join the Chess Club every **Thursday** at **noon** in the Narthex. A beginner chess group meets Wednesday at Noon in the SCW Library. Questions: please call Jerry N.



GRIEFSHARE

Griefshare class **will meet now through November 30, from 2:00 to 4:00 PM.**

For more information, please contact Kathy C.

UPCOMING EVENTS

2023 HOMECOMING WEEK Schedule

Saturday, October 28

**Barbeque at Justa Center
10:30 AM**

Sign up to help us prepare fresh hamburgers and hot dogs on the grill for homeless seniors who spend their day at Justa Center.

Let's feed the world before we feed ourselves!

Questions? Contact Pastor Daniel

Sunday, October 29 - Homecoming Sunday

10:00 AM worship - **Dress for a picnic!**

11:15 AM Picnic Lunch "On the Grounds"

Hamburgers, hot dogs, side dishes

Outdoors and in Fellowship Hall

Games inside FH and outside in the courtyard (cornhole and more!)

Help assemble Circle the City Blessing Bags

Monday, October 30

Dan Reed & Nicole Pesce Concert

7:00 PM – Masquerade Concert

Come in costume!

Take a selfie at the Haunted House Photo Booth

\$10 tickets available in advance or at the door

Tuesday, October 31

Community Lunch Prepared by Meals of Joy

11:30 AM

Wear your Halloween Costume!

Enjoy presentations on services available in Sun City West
SCW Library, Foundation, Helping Hands, Benevilla & more!

Wednesday, November 1

Movie Night Featuring a Very Special Movie:

"Mission Joy"

(Not available in theaters or by streaming)

6:30 PM

Free popcorn and drinks

This film shares the humor and wisdom of two of the world's
most beloved icons and Noble Peace Prize Laureates,
His Holiness the Dalai Lama and Archbishop Desmond Tutu.
They united for one final mission:
to show the world how to live with JOY,
even in troubled times. You will walk out with joy in your heart.

Thursday, November 2

Women of the church are invited to the UWF Luncheon

11:30 AM

Special guest speaker from Circle the City

Friday, November 3

Blood Drive – Vitalant Mobile Unit in the Parking Lot

9:00 AM – 1:00 PM

Sign up in advance to give the gift of life

Sunday, November 5
New Informal Praise Service Begins in Fellowship Hall
8:30 AM



United
Women
in Faith

UWF LUNCHEON

The United Women in Faith will hold their monthly luncheon on **Thursday, November 2 at 11:30 AM** in Fellowship Hall. The program will be presented by Circle the City. Tickets are \$10 and may be purchased at the Kiosk on Sundays, October 22 and October 29. Please contact Marian H. if you have questions.

SUPPORT GROUP MINISTRY

SHUMC is looking forward to beginning two new support groups:

Depression and Anxiety Group

**First and third Mondays,
6:30 PM to 8:00 PM**

(first group meeting will be **Monday, Nov. 6**)

A support group for those struggling with depression and anxiety.

Complicated Grief

**Second and fourth Mondays,
6:30 PM to 8:00 PM**

(first group meeting will be **Monday, Nov. 13**)

A support group for those who have experienced the death of a loved one or friend by suicide or violent death.

Both groups will be led by Pastor Ron Friesen, an experienced facilitator of depression and anxiety groups in a mental health setting.

For more information, pick up a Support Group information sheet with a detailed explanation of the groups. The information sheet is by the church office (where the Upper Rooms are located).

Pick up an information card and contact Pastor Ron at 623-215-3330 on his direct office line if you are interested in attending the groups.

Because of you, life doesn't stop.



#VitalToLife



**ADVANCE
APPOINTMENTS**
are encouraged.

Vitalant is the sole blood provider to 93% of
Arizona hospitals, all of Maricopa County.



DONATE BLOOD
vitalant.org | 877-25-VITAL

Shepherd of the Hills UMC BLOOD DRIVE

Friday, November 3

9:00 am - 1:00 pm

Bloodmobile - 13658 W Meeker Blvd, Sun City West

To schedule an appointment, scan the QR code or visit
donors.vitalant.org (Blood Drive Code: 10054986)

For questions contact Julie Killebrew at (623) 215-2030

vitalant.

The schedule for the Blood Drive has been prepared. Please stop by the desk by the office or the kiosk and sign up for your preferred slot, and please provide an email address so Vitalant can send out the initial paperwork to bring to the drive. It will save time with registration. Thanks!

RUMMAGE SALE

We will need helpers starting **Saturday, November 4** through
Saturday, November 11.

Starting **Saturday, November 4 from 10 AM- 2 PM** we will be moving items from the containers to Fellowship Hall and the Courtyard via truck.

On **Sunday, November 5 from noon until 3 PM**, we will continue moving items from the containers after services.

Starting **Monday, November 6** we will be setting items out on tables and pricing each item. Pricing lists will be available.

The Sale starts on **Thursday, November 9 from 8 AM until 1 PM** and continues on the **10th and 11th**. After **1 PM on the 11th**, we need helpers to repack unsold items to be donated

ANY AMOUNT OF DONATED TIME IS APPRECIATED

We will be providing breakfast and lunch to workers only. Donations will be

appreciated on the week prior to the sale during set up and during the sale.
Thank you!!!

BREAKFAST ITEMS: bagels, cream cheese, fruit, donuts, pastries, fruit snacks, granola bars

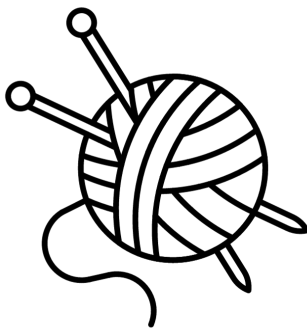
LUNCH ITEMS: sandwiches, chips, soup, casseroles, chili, fruit, cookies

***JULIE KILLEBREW WILL BE CONTACTING YOU FOR SPECIFICS.
THANK YOU!!***



SHUMC CELEBRATES VETERAN'S DAY

Thank you to all who have submitted their veteran photos for the celebration that will be held on **Sunday, November 12** at SHUMC. If you have not submitted your photo yet, please do that soon.



KNITTING FOR BEGINNERS

Maybe you'll start a new hobby, make a prayer shawl, or learn to knit and purl! Plan to attend ALL three sessions:

**Tuesday, November 14; in the Narthex
Thursday, November 16; in the conference room
Tuesday, November 21; in the conference room
from 1:00- 2:00 PM.**

Limit of 4 people, please sign up for a spot.

ANNOUNCEMENTS

Church Wide Calling

Next week we will begin a Church Wide Calling to contact all of our members. We take this opportunity to let each of you know what is happening at the church, but more importantly, to hear what is happening in your life and how we can pray for you. Calls may come from the church office or from some member's private phone.



MISSION CANDLE

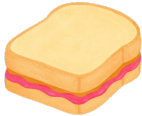
The Mission Candle shines this week in celebration of Paul C's 61st birthday, which was October 10. Happy Birthday, love Kathy and Doug.



HELP WANTED- PRAYER SHAWLS

If you love to knit or crochet and would like to help us make prayer shawls, we invite you to join us in this vital ministry. We also need yarn donations.
Please bring donated yarn to the church office.

Contact Gail K. for more questions



SANDWICHES FOR THE JUSTA CENTER

The Justa Center is asking us to increase the amount of sandwiches from the usual 180 loaves a month to 250 loaves. This will provide 3,000 sandwiches a month.

A \$10.00 donation will buy a sandwich for 25 friends.

A \$20.00 donation will buy a sandwich for 50 friends.

Or splurge and go for 250 sandwiches for just \$100.00

Please place your donations in the white baskets (with the sandwich signs posted on them).

You can also donate by mailing or dropping off a check in the church office or by debit or credit card by calling Julie Calvert.

Thank you for your generosity!



MISSION CANDLE

The Mission Candle can be dedicated to anyone to celebrate a birthday, anniversary, honor, or in memory of someone special.

There is a form available at the office, or you can call, email, or stop by the office to set this up. Please allow a week for your request to be processed and given to the VEW in order to make a slide. Your request will be read during the worship services each week.

Your donation of \$20 or more will enable the UWF to raise more funds and allow the opportunity to help support approximately 13 local charities.

MISSION CANDLE PHOTOS

If you would like to have a photo displayed on the screen when the Mission Candle is being read, please provide a photo to the office with the Mission

Candle request. We need a week's notice to be sure all the information is in the hands of the VEW person making the slides. If you have any questions, please contact Jodi.

BIRTHDAYS AND ANNIVERSARIES

October Birthdays

27 Linda D.

31 Al J.



We need your permission to print your name and the day of your birthday and/or anniversary. Without your permission, your name and special day will not appear in print. Contact the church office by phone or email to set this up.

LEAVE A PRAYER REQUEST **On Our Prayer Line**

Please call 623-584-2922 to hear a short prayer. Then you will be invited to leave prayer requests, which will be forwarded to the Prayer Team.



THINKING OF JOINING SHUMC?

Currently, we are not having new member classes, but we welcome persons who wish to join. Let the church office know and Pastor Deborah will contact you.



GIVING EXPANDED

THANK YOU FOR YOUR GENEROSITY! Now, in addition to using the offering baskets at worship, you can give in many ways:



- Drop a check by the office (or mail it);
- Go to www.shepherdofthehills.org and click on the DONATIONS tab or use your mobile phone camera and hold over the QR code shown in the right-hand corner of this article.
- Call Julie Calvert, our Financial Secretary, to set up regular online giving or to make a gift with a credit or debit card by phone.
- Add Shepherd of the Hills to your list of payees for bill pay from your checking account through your bank for weekly or monthly gifts to the church.
- Arrange with your financial advisor to send all or part of your RMDs directly to the church and avoid paying any taxes on your donation.

Thank you for your generosity! If you have any questions, please call Julie at 623-584-2280 or email her at accounting@shepherdofthehills.org.

CHURCH CONTACT INFORMATION

Pastor on Call for Emergencies: 623-584-7642

Prayer Line: 623-584-2922

Partners in Prayer: Please send your prayer requests to

prayers@shepherdofthehills.org

Shepherd of the Hills United Methodist Church
13658 W. Meeker Blvd.
Sun City West, AZ 85375
623-584-2280

Use your mobile phone camera and hold over the QR Code.

Check out our website
www.shepherdofthehills.org



Find us on Facebook
www.facebook.com/shumcscw



**Shepherd of the Hills
United Methodist Church**

**13658 W Meeker Blvd
Sun City West, AZ 85375-3700**

**www.shepherdofthehills.org
Email: church@shepherdofthehills.org
Office: 623-584-2280
FAX: 623-584-1868**

**Pastor-On-Call for Emergencies:
623-584-7642**

**Prayer Requests:
623-584-2922**

**Partners in Prayer:
prayers@shepherdofthehills.org**



Shepherd of the Hills UMC | 13658 W Meeker Blvd, Sun City West, AZ 85375

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