



October 13, 2023

To see our current online calendar, please click on the link below:

[October 2023 Calendar](#)

### FALL WORSHIP SCHEDULE

#### SATURDAYS

4:00 PM Sweet Hour of Prayer in the Chapel  
5:00 PM Social Hour in Fellowship Hall

#### SUNDAYS

10:00 AM Spirited Traditional in the Sanctuary  
11:00 AM Coffee Hour in Fellowship Hall

**Starting Sunday, November 5**

8:30 AM Informal Praise Service  
Fellowship Hall



SUNDAY, October 15

### SUNDAY CONNECTIONS

**Meets Sundays at 8:45 AM in Fellowship Hall Meeting Room**

October 15: The Shepherd's Psalm  
October 22 & 29: The 10 Commandments

November 2023: A study on the book titled Defying Gravity  
(Breaking free from the culture of more)



### PRAYER MINISTERS

If you would like personal prayer after the service, the prayer ministers will be at the front on either side of the Sanctuary to pray with you. The Prayer Room will be open for you if you want a personal, private time to pray alone.

MONDAY, October 16



Rummage Sale drop-offs are scheduled for  
**Monday, Tuesday and Wednesday, October 16, 17 and 18.**

The doors to the containers will be open. Please place your donations inside the containers. If you need help, call the church office and they will contact Shawn to come help you.

If you have furniture pick-ups, please call Kathy C. For other questions, call Julie Killebrew at 602-316-7995. Sort and pack will be held on Thursday, October 19. Everyone is welcome to come help.

**Rummage Sale helpers are needed! Sign-up sheets are available now!** Let us know the days/times you are able to help. Food donations for the workers are also needed. Julie Killebrew will be contacting you for specifics.



### MONDAY SANDWICH MAKERS

**8:00 AM**

The sandwich makers will meet on **Monday, October 16 at 8:00 AM** in Fellowship Hall. The group is in need of grape jelly and creamy peanut butter (**PLEASE —NO ORGANIC**). The sandwiches are taken to the Justa Center, a day center for homeless seniors. If you are interested in making sandwiches, please contact Mary G.

THANK YOU to all our wonderful sandwich makers!



### LIFE-CHANGING BIBLE STUDY

The group meets on **Monday afternoons at 3 PM via Zoom**. Call Kathy Culliton if you have any questions. The Zoom link will be sent to your email inbox on Monday morning.

REBEKAH CIRCLE will meet on **Monday, October 16 at 2:00 PM** in Fellowship Hall.

Please call Carol D. if you have any questions.



United  
Women  
in Faith



The **Voice** newsletter deadline is **Monday, October 16**. Please have all articles for the November issue submitted to the office by this date.

TUESDAY, October 17

### STRENGTH TRAINING EXERCISE CLASS

Join us  
**Tuesdays & Thursdays**  
**from 9:45 to 10:30 AM**  
**in Fellowship Hall**

Everyone is welcome!  
Low impact — sit or stand exercise



WEDNESDAY, October 18



### MEN'S PRAYER GROUP

The SHUMC Men's Prayer Group meets **Wednesday mornings at 7:00 AM** in the Prayer Room. Call Cal L. if you have any questions.



## Grief Support Group

**WEDNESDAYS** at 10:00 a.m.

Location: Prayer Room

Facilitated by Rev. Ron Friesen

For More Information Call Church Office 623-584-2280

THURSDAY, October 19

## RUMMAGE SALE

Sort and pack will be held on **Thursday, October 19 at 7 AM**. Everyone is welcome to come help.

Rummage Sale helpers are needed! Sign-up sheets are available now! Let us know the days/times you are able to help. Food donations for the workers are also needed. Julie Killebrew will be contacting you for specifics.

### BOOK CLUB

The Book Club will meet on **Thursday, October 19 at 9:30 AM** in the conference room. We look forward to seeing you soon. If you have any questions, please contact Mary Jane B.



### STRENGTH TRAINING EXERCISE CLASS

Join us  
**Tuesdays & Thursdays**  
**from 9:45 to 10:30 AM**  
**in Fellowship Hall**

Everyone is welcome!  
Low impact — sit or stand exercise



A poster for a rock painting class. At the top, two paintbrushes with colorful paint on their bristles are shown. The title "Rock Painting" is written in a large, green, cursive font. Below the title, a paragraph of text describes the class. The dates, time, and location are listed in bold. At the bottom left, there is an illustration of a paint palette, a cup of paintbrushes, and a grey rock. The phrase "See you there!" is written in a green cursive font. To the right of the illustration, there is a sign-up instruction and a phone number.

**Rock Painting**

This will be an instructional class on rock painting to help provide the supply of painted rocks placed in the Labyrinth.

**DATES:** OCTOBER 19TH, & 26TH  
**TIME:** 11 AM  
**LOCATION:** FELLOWSHIP HALL  
**COME TO ONE OR COME TO ALL**

*See you there!*

**Please sign up**  
Contact the church office  
for more information  
623-584-2280

### CHESS CLUB

Join the Chess Club every **Thursday** at **noon** in the Narthex. A beginner chess group meets Wednesday at Noon in the SCW Library. Questions: please call Jerry N.



### GRIEFSHARE

Griefshare class **will meet now through November 30, from 2:00 to 4:00 PM.**

For more information, please contact Kathy C. If you are interested in attending the new class, please put your name on the sign-up sheet.

## UPCOMING EVENTS

### HOMEcoming WEEK 2023 TICKETS



Please make plans to join us for this celebratory week as we begin welcoming our winter visitors back to Sun City West! If you have not yet chosen a definite date for your return, consider arriving in time for all the fun! Come for one event or all. We'll be here all week!

Please see Julie Calvert at the outdoor kiosk after service or come by the office during the week to purchase your tickets.

**Sunday, October 29 after 11 AM**

**Homecoming Sunday**

**Picnic Lunch "On the Grounds"**

Hamburgers, hot dogs and side dishes

\$15 tickets available starting October 7/8

Last day to purchase: October 22

Games inside and out

Help assemble Circle the City Kindness Kits

**Monday, October 30 at 7 PM**

**Dan Reed / Nicole Pesche Masquerade Concert**

Come in costume!

Take a selfie at the Haunted House Photo Booth

\$10 tickets available in advance or at the door

**Tuesday, October 31 at 11:30**

**Lunch Prepared by Meals of Joy**

\$10 ticket available starting October 7/8

Wear your Halloween Costume!

Enjoy presentations on services available in Sun City West;

SCW Library, Foundation, Helping Hands, Benevilla

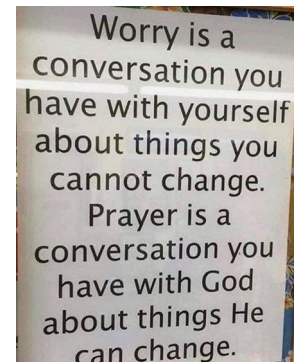
## **A CALL TO PRAYER**

*Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:6-7*

A Call to Prayer on **Wednesday, October 25, 2023**. We are starting at 7:00 AM and ending at 3:00 PM.

You are invited to come and be part of this event that will spiritually equip you and all of us, to move confidently in the direction of God's purpose. Let's begin this new season seeking his presence and guidance for our lives and for our church, as we come together in prayer.

We ask that you sign up for at least 1-hour time slot between 7:00 AM and 3:00 PM and come to pray in our beautiful chapel. However, if you are unable to pray for as long as one hour, we still encourage you to sign up for half an hour as you are able. If circumstances prevent any person from coming to the chapel, prayers from home are welcomed. Sign-up sheets are available at the kiosk or in the office.



## **MISSIONS OPPORTUNITY**

### **BARBECUE**

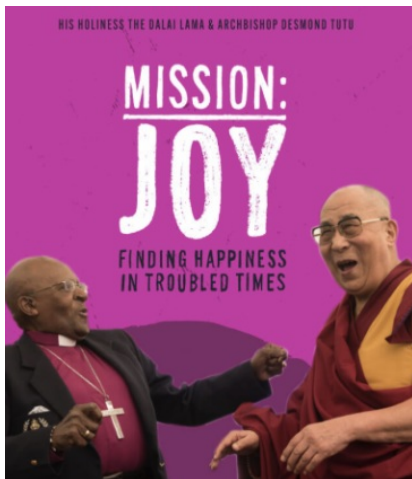
**Grilling for Homeless Seniors**

**Saturday, October 28 at 10:30 AM**

We will be grilling hamburgers and hot dogs to feed the homeless seniors who spend their days at Justa Center.



The Justa Center is located at 1001 W. Jefferson St., Phoenix. Put your name on the signup sheet and also check the column if you can offer carpooling or if you would need a ride. This is a great mission experience and an opportunity to see how SHUMC helps the Justa Center and the seniors they care for.



## MOVIE NIGHT

Wednesday, November 1 at 6:30 PM

### **“Mission Joy”**

This film shares the humor and wisdom of two of the world's most beloved icons and Noble Peace Prize Laureates, His Holiness the Dalai Lama and Archbishop Desmond Tutu. They united for one final mission: to show the world how to live with JOY, even in troubled times.

*You will walk out with joy in your heart.*

FREE popcorn and drinks!

## LAUNCH TEAM NEEDED

We will launch our new 8:30 AM service on **Sunday, November 5**. We hope some of you will help us get this service off to a great start by:

- Volunteering to greet and serve as worship hosts
- Committing yourself to attending once a month or more to be sure we have critical mass as we begin
- Helping set up hospitality before the service (coffee and refreshments will be available DURING the service)

If you are willing to do any of these things, please let Pastor Deborah know as soon as possible. It is just around the corner!

## SUPPORT GROUP MINISTRY

SHUMC is looking forward to beginning two new support groups:

### Depression and Anxiety Group

**First and third Mondays,  
6:30 PM to 8:00 PM**

(first group meeting will be **Monday, Nov. 6**)

A support group for those struggling with depression and anxiety.

### Complicated Grief

**Second and fourth Mondays,  
6:30 PM to 8:00 PM**

(The first group meeting will be on **Monday, Nov. 13**)

A support group for those who have experienced the death of a loved one or friend by suicide or violent death.

Both groups will be led by Pastor Ron Friesen, an experienced facilitator of

depression and anxiety groups in a mental health setting.

For more information, feel free to pick up a Support Group information sheet with a more detailed explanation of the groups. The information sheet is by the church office (where the Upper Rooms are located).

If you are interested in attending these groups, please put your name on the sign-up sheets.

Because of you, life doesn't stop.



#VitalToLife



**ADVANCE  
APPOINTMENTS**  
are encouraged.

Vitalant is the sole blood provider to 93% of Arizona hospitals, all of Maricopa County.



**DONATE BLOOD**  
vitalant.org | 877-25-VITAL

## Shepherd of the Hills UMC **BLOOD DRIVE**

Friday, November 3

9:00 am - 1:00 pm

Bloodmobile - 13658 W Meeker Blvd, Sun City West

To schedule an appointment, scan the QR code or visit  
donors.vitalant.org (Blood Drive Code: 10054986)

For questions contact Julie Killebrew at (623) 215-2030

**vitalant.**

The schedule for the Blood Drive has been prepared. Please stop by the desk by the office or the kiosk and sign up for your preferred slot, and please provide an email address so Vitalant can send out the initial paperwork to bring to the drive. It will save time with registration. Thanks!

## RUMMAGE SALE

We will need helpers starting **Saturday, November 3** through  
**Saturday, November 11.**

Starting **Saturday, November 4 from 10 AM- 2 PM** we will be moving items from the containers to Fellowship Hall and the Courtyard via truck.

On **Sunday, November 5 from noon until 3 PM**, we will continue moving items from



the containers after services.

Starting **Monday, November 6** we will be setting items out on tables and pricing each item. Pricing lists will be available.

The Sale starts on **Thursday, November 9 from 8 AM until 1 PM** and continues on the **10<sup>th</sup> and 11th**. After **1 PM on the 11th**, we need helpers to repack unsold items to be donated

***ANY AMOUNT OF DONATED TIME IS APPRECIATED***

We will be providing breakfast and lunch to workers only. Donations will be appreciated on the week prior to the sale during set up and during the sale.  
Thank you!!!

BREAKFAST ITEMS: bagels, cream cheese, fruit, donuts, pastries, fruit snacks, granola bars

LUNCH ITEMS: sandwiches, chips, soup, casseroles, chili, fruit, cookies

***JULIE KILLEBREW WILL BE CONTACTING YOU FOR SPECIFICS.  
THANK YOU!!***

## ANNOUNCEMENTS



### **HELP WANTED- PRAYER SHAWLS**

If you love to knit or croquet and would like to help us make prayer shawls, we invite you to join us in this vital ministry. We also need yarn donations.  
Please bring donated yarn to the church office.

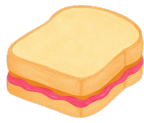
Contact Gail K. for more questions



### **SHUMC CELEBRATES VETERAN'S DAY**

Thank you to all who have submitted their veteran photos for the celebration that will be held on **Sunday, November 12** at SHUMC. If you have not submitted your photo yet, please do that soon.

## SANDWICHES FOR THE JUSTA CENTER



The Justa Center is asking us to increase the amount of sandwiches from the usual 180 loaves a month to 250 loaves. This will provide 3,000 sandwiches a month.

**A \$10.00 donation will buy a sandwich for 25 friends.**

**A \$20.00 donation will buy a sandwich for 50 friends.**

**Or splurge and go for 250 sandwiches for just \$100.00**

Please place your donations in the white baskets (with the sandwich signs posted on them).

You can also donate by mailing or dropping off a check in the church office or by debit or credit card by calling Julie Calvert.

**Thank you for your generosity!**

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### MISSION CANDLE



The Mission Candle can be dedicated to anyone to celebrate a birthday, anniversary, honor, or in memory of someone special.

There is a form available at the office, or you can call, email, or stop by the office to set this up. Please allow a week for your request to be processed and given to the VEW in order to make a slide. Your request will be read during the worship services each week.

Your donation of \$20 or more will enable the UWF to raise more funds and allow the opportunity to help support approximately 13 local charities.

### MISSION CANDLE PHOTOS

If you would like to have a photo displayed on the screen when the Mission Candle is being read, please provide a photo to the office with the Mission Candle request. We need a week's notice to be sure all the information is in the hands of the VEW person making the slides. If you have any questions, please contact Jodi.

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## BIRTHDAYS AND ANNIVERSARIES

### October Birthdays

15 Pastor Ron Friesen

27 Linda D.

31 Al J.



**We need your permission to print your name** and the day of your birthday and/or anniversary. Without your permission, your name and special day will not appear in print. Contact the church office by phone or email to set this up.

## **LEAVE A PRAYER REQUEST** **On Our Prayer Line**

Please call 623-584-2922 to hear a short prayer. Then you will be invited to leave prayer requests, which will be forwarded to the Prayer Team.



## **THINKING OF JOINING SHUMC?**

Currently, we are not having new member classes, but we welcome persons who wish to join. Let the church office know and Pastor Deborah will contact you.



## **GIVING EXPANDED**

THANK YOU FOR YOUR GENEROSITY! Now, in addition to using the offering baskets at worship, you can give in many ways:



- a. Drop a check by the office (or mail it);
- b. Go to [www.shepherdofthehills.org](http://www.shepherdofthehills.org) and click on the DONATIONS tab or use your mobile phone camera and hold over the QR code shown in the right-hand corner of this article.
- c. Call Julie Calvert, our Financial Secretary, to set up regular online giving or to make a gift with a credit or debit card by phone.
- d. Add Shepherd of the Hills to your list of payees for bill pay from your checking account through your bank for weekly or monthly gifts to the church.
- e. Arrange with your financial advisor to send all or part of your RMDs directly to the church and avoid paying any taxes on your donation.

Thank you for your generosity! If you have any questions, please call Julie at 623-584-2280 or email her at [accounting@shepherdofthehills.org](mailto:accounting@shepherdofthehills.org).

## **CHURCH CONTACT INFORMATION**

**Pastor on Call for Emergencies: 623-584-7642**

**Prayer Line: 623-584-2922**

**Partners in Prayer: Please send your prayer requests to**

***[prayers@shepherdofthehills.org](mailto:prayers@shepherdofthehills.org)***

**Shepherd of the Hills United Methodist Church  
13658 W. Meeker Blvd.  
Sun City West, AZ 85375  
623-584-2280**

**Use your mobile phone camera and hold over the QR Code.**

**Check out our website**

[www.shepherdofthehills.org](http://www.shepherdofthehills.org)



Find us on Facebook  
[www.facebook.com/shumcscw](https://www.facebook.com/shumcscw)



**Shepherd of the Hills  
United Methodist Church**

13658 W Meeker Blvd  
Sun City West, AZ 85375-3700

[www.shepherdofthehills.org](http://www.shepherdofthehills.org)  
Email: [church@shepherdofthehills.org](mailto:church@shepherdofthehills.org)  
Office: 623-584-2280  
FAX: 623-584-1868

**Pastor-On-Call for Emergencies:**  
623-584-7642

**Prayer Requests:**  
623-584-2922

**Partners in Prayer:**  
[prayers@shepherdofthehills.org](mailto:prayers@shepherdofthehills.org)



Shepherd of the Hills UMC | 13658 W Meeker Blvd, Sun City West, AZ 85375

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