



October 6, 2023

To see our current online calendar, please click on the link below:

[October 2023 Calendar](#)

FALL WORSHIP SCHEDULE

SATURDAYS

4:00 PM Sweet Hour of Prayer in the Chapel
5:00 PM Social Hour in Fellowship Hall

SUNDAYS

10:00 AM Spirited Traditional in the Sanctuary
11:00 AM Coffee Hour in Fellowship Hall

Starting Sunday, November 5

8:30 AM Informal Praise Service
Fellowship Hall



SATURDAY, October 7

PET BLESSING

Saturday, October 7 at 1 PM in the courtyard

Your pet will be blessed by one of our pastors and you will receive a certificate of blessing. Please bring pets on leashes or in carriers. If your pet is not able to come physically, please bring a photograph and receive the blessing.

Use your phone for a picture of you and your pet with St. Francis, who is the patron saint of animals.

There will be an In Remembrance Fountain for your pets who are deceased. You can remember the beloved companion and place a colored jewel into the fountain to reminisce about your pet. Don't forget to pick up one of the decorated pages with a prayer and a spot for you to place a photo of your pet.

There will be a place for you to donate pet food and supplies that will be dispersed to local rescue shelters.

There will be a display of local services available for caring for your pet.



SUNDAY, October 8

SUNDAY CONNECTIONS

Meets Sundays at 8:45 AM in Fellowship Hall Meeting Room

October 8 & 15: The Shepherd's Psalm
October 22 & 29: The 10 Commandments

November 2023: A study on the book titled Defying Gravity
(Breaking free from the culture of more)



JOIN US
after Sunday worship for
PASTOR APPRECIATION

Please join us
in Fellowship Hall
for cake and coffee
at 11:00 AM
as we show
our appreciation to
the wonderful pastoral team
guiding us on our spiritual journey.

We Are Chosen!
We Are Blessed!
We Are Loved!



PRAYER MINISTERS

If you would like personal prayer after the service,
the prayer ministers will be at the front on either side
of the Sanctuary to pray with you. The Prayer Room will be open for you if you
want a personal, private time to pray alone.

Oktoberfest

Join Us For Music & Food

Sponsored by Social Shepherds Committee

WE WILL BE SERVING
BRATS-COOKIES-CHIPS-CIDER

SUNDAY, OCTOBER 8
DINNER AT 5:30 PM
PROGRAM AT 6:00 PM
PRIZES AT THE DOOR!

PLEASE SIGN UP

Contact the church office
for more information
623-584-2280



Accordion
played by
Leigh DeChaine

MONDAY, October 9



MONDAY SANDWICH MAKERS

8:00 AM

The sandwich makers will meet on **Monday, October 9 at 8:00 AM** in Fellowship Hall. The group is in need of grape jelly and creamy peanut butter (**PLEASE —NO ORGANIC**). The sandwiches are taken to the Justa Center, a day center for homeless seniors. If you are interested in making sandwiches, please contact Mary G. for more information.

THANK YOU to all our wonderful sandwich makers!



LIFE-CHANGING BIBLE STUDY

The group meets on **Monday afternoons at 3 PM via Zoom**. Call Kathy Culliton if you have any questions. The Zoom link will be sent to your email inbox on Monday morning.

TUESDAY, October 10

STRENGTH TRAINING EXERCISE CLASS

Join us
Tuesdays & Thursdays
from 9:45 to 10:30 AM
in Fellowship Hall

Everyone is welcome!



Low impact — sit or stand exercise

WEDNESDAY, October 11



MEN'S PRAYER GROUP

The SHUMC Men's Prayer Group meets **Wednesday mornings at 7:00 AM** in the Prayer Room. Call Cal L. if you have any questions.



Grief Support Group

WEDNESDAYS at 10:00 a.m.

Location: **Prayer Room**

Facilitated by Rev. Ron Friesen

For More Information Call Church Office 623-584-2280



UPCOMING SUMMER MOVIES

Join us **Wednesday, October 11 at 1:30 PM in Fellowship Hall**. Light refreshments will be served. This movie concludes the free summer movie activity. See you next summer!

Ticket to Paradise is the movie for **Wednesday, October 11**. Featuring George Clooney and Julia Roberts as exes who are on a shared mission to stop their lovestruck daughter from making the same mistake they once made.



THURSDAY, October 12



STRENGTH TRAINING EXERCISE CLASS

Join us
Tuesdays & Thursdays
from 9:45 to 10:30 AM
in Fellowship Hall

Everyone is welcome!
Low impact — sit or stand exercise



Rock
Painting

This will be an instructional class on rock painting to help provide the supply of painted rocks placed in the Labyrinth.

DATES: OCTOBER 12TH, 19TH, & 26TH
TIME: 11 AM
LOCATION: FELLOWSHIP HALL
PLEASE SIGN UP

See you there!

Contact the church office
for more information
623-584-2280

CHESS CLUB

Join the Chess Club every **Thursday** at **noon** in the Narthex. A beginner chess group meets Wednesday at Noon in the SCW Library. Questions: please call Jerry N. for more information.

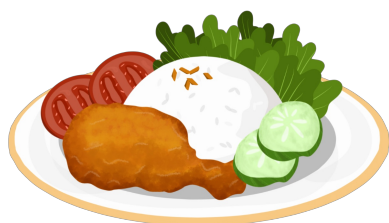


GRIEF SHARE

Griefshare class **will meet now through November 30, from 2:00 to 4:00 PM.**

For more information, please contact Kathy C. If you are interested in attending the new class, please put your name on the sign-up sheet.

UPCOMING EVENTS



Are you new to SHUMC?

Plan to join us for a
Newcomer Lunch with the Pastors
Sunday, October 15, 2023 - 11:15 AM in Fellowship Hall

Let us know you are coming so we have enough food and materials. Sign up at the kiosk, or write "NEWCOMER LUNCH" on your Connection card this weekend, or contact the office by Monday to add your name to the list. Hope to see you there!

LAUNCH TEAM NEEDED

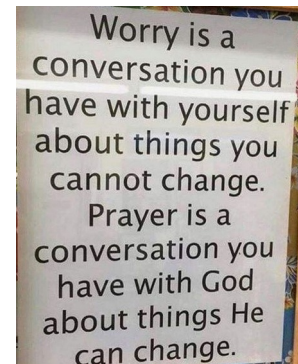
We will launch our new 8:30 AM service on **Sunday, November 5**. We hope some of you will help us get this service off to a great start by:

- Volunteering to greet and serve as worship hosts
- Committing yourself to attending once a month or more to be sure we have critical mass as we begin
- Helping set up hospitality before the service (coffee and refreshments will be available DURING the service)

If you are willing to do any of these things, please let Pastor Deborah know as soon as possible. It is just around the corner!

A CALL TO PRAYER

Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:6-7



A Call to Prayer on **Wednesday, October 25, 2023**. We are starting at 7:00 AM and ending at 3:00 PM.

You are invited to come and be part of this event that will spiritually equip you and all of us, to move confidently in the direction of God's purpose. Let's begin this new season seeking his presence and guidance for our lives and for our church, as we come together in prayer.

We ask that you sign up for at least 1-hour time slot between 7:00 AM and 3:00 PM and come to pray in our beautiful chapel. However, if you are unable to pray for as long as one hour, we still encourage you to sign up for half an hour as you are able. If circumstances prevent any person from coming to the chapel, prayers from home are welcomed. Sign-up sheets are available at the kiosk or in the office.



HOMEcoming WEEK 2023 TICKETS

Please make plans to join us for this celebratory week as we begin welcoming our winter visitors back to Sun City West! If you have not yet chosen a definite date for your return, consider arriving in time for all the fun! Come for one event or all. We'll be here all week!

Please see Julie Calvert at the outdoor kiosk after service or come by the office during the week to purchase your tickets.

Sunday, October 29 after 11 AM

Homecoming Sunday

Picnic Lunch "On the Grounds"

Hamburgers, hot dogs and side dishes
\$15 tickets available starting October 7/8
Last day to purchase: October 22
Games inside and out
Help assemble Circle the City Blessing Bags

Monday, October 30 at 7 PM

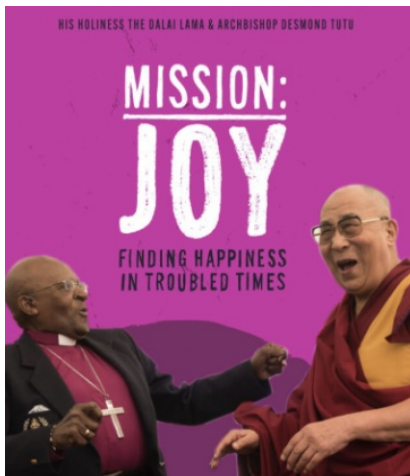
Dan Reed / Nicole Pesche Masquerade Concert

Come in costume!
Take a selfie at the Haunted House Photo Booth
\$10 tickets available in advance or at the door

Tuesday, October 31 at 11:30

Lunch Prepared by Meals of Joy

\$10 ticket available starting October 7/8
Wear your Halloween Costume!
Enjoy presentations on services available in Sun City West;
SCW Library, Foundation, Helping Hands, Benevilla



MOVIE NIGHT

Wednesday, November 1 at 6:30 PM

"Mission Joy"

This film shares the humor and wisdom of two of the world's most beloved icons and Noble Peace Prize Laureates, His Holiness the Dalai Lama and Archbishop Desmond Tutu. They united for one final mission: to show the world how to live with JOY, even in troubled times.

You will walk out with joy in your heart.

FREE popcorn and drinks!

RUMMAGE
SALE

We will need helpers starting **Saturday, November 3** through **Saturday, November 11**.

Starting **Saturday, November 4 from 10 AM- 2 PM** we will be moving items from the containers to Fellowship Hall and the Courtyard via truck.

On **Sunday, November 5 from noon until 3 PM**, we will continue moving items from the containers after services.

Starting **Monday, November 6** we will be setting items out on tables and pricing each item. Pricing lists will be available.

The Sale starts on **Thursday, November 9 from 8 AM until 1 PM** and continues on the **10th and 11th**. After **1 PM on the 11th**, we need helpers to repack unsold items to be donated

ANY AMOUNT OF DONATED TIME IS APPRECIATED

We will be providing breakfast and lunch to workers only. Donations will be appreciated on the week prior to the sale during set up and during the sale.
Thank you!!!

BREAKFAST ITEMS: bagels, cream cheese, fruit, donuts, pastries, fruit snacks, granola bars

LUNCH ITEMS: sandwiches, chips, soup, casseroles, chili, fruit, cookies

***JULIE KILLEBREW WILL BE CONTACTING YOU FOR SPECIFICS.
THANK YOU!!***

Because of you, life doesn't stop.



#VitalToLife



**ADVANCE
APPOINTMENTS**
are encouraged.

Vitalant is the sole blood provider to 93% of Arizona hospitals, all of Maricopa County.



DONATE BLOOD
vitalant.org | 877-25-VITAL

**Shepherd of the Hills UMC
BLOOD DRIVE**

Friday, November 3

9:00 am - 1:00 pm

Bloodmobile - 13658 W Meeker Blvd, Sun City West

To schedule an appointment, scan the QR code or visit
donors.vitalant.org (Blood Drive Code: 10054986)

For questions contact Julie Killebrew at (623) 215-2030

vitalant.

SUPPORT GROUP MINISTRY

**Shepherd of the Hills UMC is looking forward
to beginning two new support groups:**

Depression and Anxiety

Two of the most common mental health diagnoses in our nation are depression and

anxiety. According to the Centers for Disease Control (CDC), 25% of Americans have been diagnosed with depression and 25% of Americans have been given a diagnosis of anxiety. While medications can be used to treat these diagnoses, it is generally believed that medication without treatment, such as support groups, is only partially effective. Participating in a depression and anxiety group helps individuals understand that they are not alone in their depression or anxiety.

Depression and Anxiety Group – a support group for those who struggle with depression and anxiety.

First and Third Mondays – 6:30 PM – 8:00 PM First Meeting – November 6

Complicated Grief

Many times bereaved people find that their grief is made more difficult by the circumstances surrounding the death of their loved one. This is called “complicated grief.” Frequently, these circumstances involve suicide or homicide. Quickly, at the moment of death, law enforcement becomes involved hindering family members from entering their home or the hospital room. If the incident did not occur at home, the wounded person is taken to a hospital where both the nature of the injuries requiring intense medical intervention and the nature of the circumstances cause law enforcement to be engaged. These realities cause the family to be kept at a distance from their loved one. (Accidental deaths such as drowning can also create “complicated grief.”) Persons experiencing complicated grief often need interventions and a level of understanding beyond those offered in most grief groups.

Complicated Grief – a support group for those whose lives have been impacted by suicide or the violent death of a loved one or friend.

Second and Fourth Mondays – 6:30 PM – 8:00 PM First Meeting – November 13

Pastor Ron will lead the Complicated Grief and Depression/Anxiety groups.

Pastor Ron Friesen is a specially trained bereavement counselor who has dealt with complicated grief in his own life, personally and professionally. With over 50 years of pastoral experience as well as 25 years of mental health experience, Pastor Ron has helped many individuals and families deal with complicated grief. His experience has been recognized in the community where he has trained over 700 individuals to work with grieving people.

ANNOUNCEMENTS

thank you

The following article was posted on the Sunshine Angels website.

Shepherd of the Hills UMC



Shepherd of the Hills UMC in Sun City West, AZ congregation held a drive to make sure the children in the group homes had birthday party supplies to celebrate their special day!

THANK YOU for your thoughtful donation and your continuous support! What a blessing you have made to a child to ensure they celebrate their birthday with the perfect party supplies!

MISSION CANDLE



The Mission Candle shines this week in celebration of Gretchen P. on her 87th birthday on October 10.
Love, Paul.

The Mission Candle shines this week in celebration of Marie I. for her birthday on October 12. This special occasion is also honored with the white rose on the altar.
With my pure love for you, Rodney H.



The Mission Candle shines this week in celebration of Charles & Carolvhay C's 65th Wedding Anniversary. They were married on October 5, 1958, on Worldwide Communion Sunday at The United Methodist Church in Wayne, New Jersey.
Congratulations and may you be blessed with many more.



HELP WANTED- PRAYER SHAWLS

If you love to knit or croquet and would like to help us make prayer shawls, we invite you to join us in this vital ministry. We also need yarn donations.
Please bring donated yarn to the church office.

Contact Gail K. for more questions.



SHUMC CELEBRATES VETERAN'S DAY

If you or a member of your family served in any branch of the military, please submit a photo to be displayed on November 12 at SHUMC. We need these soon to prepare them for display.



SANDWICHES FOR THE JUSTA CENTER

The Justa Center is asking us to increase the amount of sandwiches from the usual 180 loaves a month to 250 loaves. This will provide 3,000 sandwiches a month.

A \$10.00 donation will buy a sandwich for 25 friends.

A \$20.00 donation will buy a sandwich for 50 friends.

Or splurge and go for 250 sandwiches for just \$100.00

Please place your donations in the white baskets (with the sandwich signs posted on them).

You can also donate by mailing or dropping off a check in the church office or by debit or credit card by calling Julie Calvert.

Thank you for your generosity!

MISSION CANDLE



The Mission Candle can be dedicated to anyone to celebrate a birthday, anniversary, honor, or in memory of someone special.

There is a form available at the office, or you can call, email, or stop by the office to set this up. Please allow a week for your request to be processed and given to the VEW in order to make a slide. Your request will be read during the worship services each

week.

Your donation of \$20 or more will enable the UWF to raise more funds and allow the opportunity to help support approximately 13 local charities.

MISSION CANDLE PHOTOS

If you would like to have a photo displayed on the screen when the Mission Candle is being read, please provide a photo to the office with the Mission Candle request. We need a week's notice to be sure all the information is in the hands of the VEW person making the slides. If you have any questions, please contact Jodi.

BIRTHDAYS AND ANNIVERSARIES

October Birthdays

10 Don S.
10 Gretchen P.
10 Paul C.
11 Julie K.
11 Kathy C.
11 Bob M.
12 Linda P.
14 Pastor Ron F.
27 Linda D.
31 Al J.



October Anniversaries

5 Charles & Carolvhay C.

We need your permission to print your name and the day of your birthday and/or anniversary. Without your permission, your name and special day will not appear in print. Contact the church office by phone or email to set this up.

LEAVE A PRAYER REQUEST On Our Prayer Line

Please call 623-584-2922 to hear a short prayer. Then you will be invited to leave prayer requests, which will be forwarded to the Prayer Team.



THINKING OF JOINING SHUMC?

Currently, we are not having new member classes, but we welcome persons who wish to join. Let the church office know and Pastor Deborah will contact you.



GIVING EXPANDED

THANK YOU FOR YOUR GENEROSITY! Now, in addition to using the offering baskets at worship, you can give in many ways:



- a. Drop a check by the office (or mail it);
- b. Go to www.shepherdofthehills.org and click on the DONATIONS tab or use your mobile phone camera and hold over the QR code shown in the right-hand corner of this article.
- c. Call Julie Calvert, our Financial Secretary, to set up regular online giving or to make a gift with a credit or debit card by phone.
- d. Add Shepherd of the Hills to your list of payees for bill pay from your checking account through your bank for weekly or monthly gifts to the church.
- e. Arrange with your financial advisor to send all or part of your RMDs directly to the church and avoid paying any taxes on your donation.

Thank you for your generosity! If you have any questions, please call Julie at 623-584-2280 or email her at accounting@shepherdofthehills.org.

CHURCH CONTACT INFORMATION

Pastor on Call for Emergencies: 623-584-7642

Prayer Line: 623-584-2922

Partners in Prayer: Please send your prayer requests to
prayers@shepherdofthehills.org

Shepherd of the Hills United Methodist Church
13658 W. Meeker Blvd.
Sun City West, AZ 85375
623-584-2280

Use your mobile phone camera and hold over the QR Code.

Check out our website
www.shepherdofthehills.org



Find us on Facebook
www.facebook.com/shumcscw



**Shepherd of the Hills
United Methodist Church**

**13658 W Meeker Blvd
Sun City West, AZ 85375-3700**

**www.shepherdofthehills.org
Email: church@shepherdofthehills.org
Office: 623-584-2280
FAX: 623-584-1868**

**Pastor-On-Call for Emergencies:
623-584-7642**

**Prayer Requests:
623-584-2922**

**Partners in Prayer:
prayers@shepherdofthehills.org**



Shepherd of the Hills UMC | 13658 W Meeker Blvd, Sun City West, AZ 85375

[Unsubscribe jodi@shepherdofthehills.org](mailto:jodi@shepherdofthehills.org)

[Constant Contact Data Notice](#)

Sent by church@shepherdofthehills.org powered by



Try email marketing for free today!